

PSSF/CAPIT SERVICE DESCRIPTIONS FOR INTEGRATED SIP

Professional Clinical Services/ Ind. Counseling/Family Counseling

Individual/Group and Family Counseling - Catholic Charities Caritas and Bilingual Family Counseling

Counseling Services will be provided for San Bernardino County residents in multiple sites throughout San Bernardino County. These agencies will use licensed MFTs and LCSWs, Registered MFT Interns and MSW Associates under weekly supervision by Board of Behavioral Sciences licensed supervisors.

Adult Group Therapy (CHCT)

Adult Peer Group Therapy is a context shared by 3-8 persons that presented with the same role in the family of abuse, i.e., Non-protective Parent, Offender, Adult Molested when A Child. This therapeutic context allows effective opportunities for the client to address the issues, such as, Responsibility/Accountability, Empathy for the Child, Warning Signs and Prevention of future abuse, building Safe Support Systems and Resources. A curriculum of therapeutic issues is utilized to ensure that each client entering the "open-ended" groups have opportunity for therapeutic time on each issue.

Counseling Services (CCS)

Services are offered through licensed therapists who have specialized in working with children and high risk families. Specialized treatment includes:

- Family therapy
- Floortime Therapy
- Autistic spectrum children
- Children diagnosed with ADHD
- Child, Adolescent & Teen Therapy
- Trauma focused Cognitive Behavioral Therapy (CBT)

Parent-Child Interaction Therapy (PCIT)

Evidence based treatment model which focuses on the relational and behavioral interactions between parent (or caregiver) and child. PCIT has been shown to be extremely effective in changing parent-child relationship dynamics, problem behavior in children, establishing effective and healthy parenting techniques and establishing a safe environment for at risk families. In addition, PCIT is extremely effective in establishing a stable environment for families in the process of adoption or foster care by facilitating positive relationships and discipline techniques while taking into account individual child differences.

Therapeutic Services (DM/SELPA)

Therapeutic Services may include Parent Child Interaction Therapy (PCIT), Theraplay®, Play Therapy, Sand Tray Therapy, Cognitive Behavioral Therapy (CBT), Group Therapy and or Family Therapy.

Counseling (FSA-REDLANDS): Each adult client whom enters the program is assigned to a counseling component that best fits their individual needs based on the information that is gathered in the intake interview. Clients are required to attend a minimum of one session per week. The counseling component consists of; women's groups, co-ed groups, couples, and family counseling. Also available are children's, individual, and crisis intervention. In collaborating with Christian Counseling Service our clients are also able to access Parent-

Child Interactive Therapy (PCIT). Group counseling sessions are one hour each and individual contacts are recorded in ½ hour blocks. Substance Abuse classes are held weekly for one hour. Clients can attend voluntarily or may be mandated based on positive drug test results that are conducted randomly.

Psychological Treatments (MORONGO BASIN MENTAL HEALTH)

These include individual, family, group, and child therapies. In the context of **psychological treatments**, we define psychotherapy as an intervention designed to alleviate distress, reduce maladaptive behaviors, or enhance adaptive functioning. Our therapy includes counseling and structured or planned interventions to alter the feelings, thoughts, attitudes or actions of the client seeking treatment. Our clinicians use a variety of cognitive-based therapies as well as rational-emotive therapies. Many of our groups are psycho-educational in nature with the express purpose of enabling our clients to learn new and more effective ways of dealing with issues that impact their lives. The goals of our treatment are to improve adjustment and functioning in both intrapersonal and interpersonal arenas and to reduce maladaptive behaviors and psychological complaints.

Crisis Intervention, Mediation and Conflict Resolution– Pacific Clinics

Assisting families during time of crisis allows them to improve communication skills and implement more appropriate problem-solving measures. However, the program teaches conflict resolution methods throughout the period of service delivery so that when crises occur, the family relies more on their own positive resolution techniques learned through the program. When there is domestic violence linkage to appropriate referrals will be made to assure safety.

Individual, Group and Family Therapy– Pacific Clinics

As an adjunct to the prevention and intervention services, families and individuals are provided access to a short-term therapeutic process designed to address issues and concerns that contributed to the current abuse or neglect charges, past childhood issues or reunification problems. Group work addresses domestic violence issues and other relational concerns.

Individual and Family Therapy– Rim Family Services

Adult, child, and/or family therapy/counseling services provided once per week for 12 weeks or as recommended by the referring social worker and the attending therapist.

Parent Education

Parent Education - Cat Char

Our Cooperative Parenting program is presented as a 10 week, 2 hour per session, course. The model has received praise over the past 11 years as a comprehensive, interactive, and real life model that has demonstrated evidence of efficacy. Client satisfaction surveys and outcome measures demonstrate that this model has tremendous impact on family health. Cooperative Parenting is a highly structured program which meets the requirements of Welfare & Institutions Code 16507.7. A comprehensive Instructor's Manual insures consistency from course to course regardless of the facilitator. This standardization of course structure and content insures a quality of service that is vitally important to the agency and undoubtedly important to DCS personnel, and particular CPS workers.

Parent Education (CHCT)

Parent Education and Parent Coaching is a 40 hour curriculum of parent skills training for

parents, kin caregivers and foster parents parenting children of families where abuse has occurred, or is at-risk for occurring. The Course is 14 sessions long, and participants are expected to complete the Course within six months and make up any topic session missed. This is a **strength-based** training with the curriculum of • building self-esteem, • training parent on how to build positive esteem of their child, • developing effective stress management skills, • positive and effective discipline and behavior management, • effective anger management and problem-solving skills, • developmental stages related to safety, nutrition and health, • development of awareness on what constitutes abuse and neglect, • awareness of the boundaries of permissible sexual conduct by parents/adults with regard to children.

Parenting Classes (DM/SELPA)

Parenting Classes may include 10 week session of Parent Project, 7 week session of Loving Solutions or 5 week session of Love and Logic.

Parenting Classes (FSA-REDLANDS): All adult clients are required to attend a series of parenting classes. The classes are ongoing and a client must complete the series of classes in order to receive a certificate. Parenting classes are provided by Vista Guidance Center and are court approved. Parenting classes are held one per week for two hours. Additional single topic classes are offered throughout the contract year to address special issues. Parenting program staff is also available to work with staff and individual families on areas of concern.

Parenting Groups (MORONGO BASIN MENTAL HEALTH)

We will offer two parenting groups for the Barstow area and these will include:

- 1. Make Parenting a Pleasure (MPAP),** an evidence-based program, helps reduce the stress that families experience, and lowers the risk that parents will take out their frustrations on their children (ages 0-5 years). It provides parents with the opportunity to enhance communication and develop the skills necessary to manage stress. It reduces the isolation of parents by putting them in touch with others in similar situations, and promotes a positive approach to childrearing and discipline. In addition, MPAP specifically addresses factors that contribute to abuse and neglect, including lack of or inappropriate parenting information and skills, low self-esteem, feelings of isolation, unrealistic expectations, and misperceptions about child development and parenting. MPAP helps parents create a social support system that can continue long beyond their participation in a parenting class. MPAP appeals to parents who might not otherwise seek help from professionals because it is positive, builds on strengths, and does not label participants. This parenting program appeals to fathers and mothers, so a large percentage of MPAP are fathers (in some cases, the primary caregiver as well). We see MPAP as a starting point and not as the sole solution. In fact, it often serves as a bridge that helps connect parents to other services and seems to make them more receptive to referrals in general.
- 2. The Systematic Training for Effective Parenting (STEP)** program also is an evidence-based parenting program. It has been found to be an effective planned training curriculum that focuses on topics important to parents. The course provides valuable tools that improve communication among family members and decreases conflict. Topics include, but are not limited to, Understanding for parent and child; Understanding beliefs and feelings; Encouraging parent and child; Listening skills for both parent and

child; Talking with children; Helping children to learn to cooperate; Discipline that makes sense; Helping parents understand different approaches; and helping parents find their natural approach. The STEP handbooks that are used include essential topics such as single parents, stepfamilies, cooperation in the family, schoolwork and homework, and drugs and violence in the home. There are three versions available designed for parents of different aged children. All versions of the program teach positive approaches to raising children. The approaches include appreciating the childrens' behaviors are motivated by a variety of goals and encourage children to become the best they can be. STEP also teaches the highly valued use of family councils for making decisions for and with children. Research studies on the effectiveness of various STEP programs show that parents are extremely appreciative of what they learn and that their participation in the programs significantly improves their parenting skills (reference, Parent Training Today).

Parenting Only Instruction – Group Format (LUTHERAN SS)

The Parenting Instruction group course fully meets the requirements of Welfare and Institutions Code, Section 16507.7, and is comprised of independent modules to facilitate the “any time” enrollment.

Parenting Skills Training – Pacific Clinics

Individual, family and group settings will be utilized to facilitate reunification and maintenance of the family. Concepts from the Nurturing Program and Incredible Years, two programs identified as Best Practices, are used to enhance a family's resilience while offering parents the opportunity to identify and work on their own deficits through the Growing Up Again process that often include exposure to domestic violence and/or intergenerational substance abuse.

Parents As Teachers – Rim Family Services

A home visitation program for parenting and child development education. The certified Parent Educator also monitors child development and parent interaction. The program also includes parent group meetings for support and education. Services are provided one to four times per month, based on the recommendation of the Parent Educator and referring Social Worker.

Adult Anger Management

Anger Management - Cat Char

This 16 week evidence-based psycho-educational group for adults is primarily designed to serve families with a Family Reunification Plan that requires anger management services but may serve non-mandated persons as well. These groups began at the agency in 1999 at the request of CPS supervisory staff and have been revised in 2007 to address substance abuse issues. These groups were not designed to meet the requirements of court-mandated domestic violence programs but are specifically focused on caregivers whose behavior may contribute to an unhealthy parent-child dynamic that may lead to abuse.

Anger/Stress Management Classes (FSA-REDLANDS): Ongoing classes in anger and stress management will be provided. The clients are placed in the class based on their individual need and their schedule. The class is held one time per week for one hour. In addition, we have added an adolescent anger/stress management group for children 12-17 years of age as needed.

Teen/Parent Anger Management

Teen/Parent Anger Management - Cat Char

Our 8 week Teen/Parent Anger Management Groups was designed to provide teens and their caregivers the same information in separate groups that meet weekly at the same time. Teenagers cannot receive services without caregiver participation. These groups began as a pilot project in 2002 and have proven to be tremendously popular and effective. The groups use a format that is similar to the Adult Anger Management Program but appropriate for adolescents.

Teen Anger Management (CHCT)

Teen Anger Management is a 10-week course giving skills and options for non-violent problem-solving, and effective stress management. Early identification of signs of stress and developing successful strategies to plan and choose behaviors that lead to effective non-disruptive outcomes is a focus. Concepts from "WhyTry" and T-S-R (Thought-Stopping-and Replacement) are examples of materials utilized. Parents are asked to attend two (2) of the sessions with their child/adolescent.

Family Support Services (Case Management, Referrals, etc.)

Assessments (CCS)

Includes a mental health pre- and post-treatment assessment for all clients; in addition, PCIT includes a mid-treatment assessment. All assessments are intended to ascertain appropriate treatment modalities and establish referrals to Physicians, Psychiatrist, OT, Speech/Hearing, and/or further testing with other specialist. Assessment tools utilized include, but are not limited to, the Parent Stress Index (PSI), Child Behavior Checklist (CBCL), Eyberg Child Behavior Inventory (ECBI), and the The Marschak Interaction Method Assessment (MIM).

Intake (FSA-REDLANDS): Complete 200 new intakes per year. Each intake involves two contacts. Initial contact to pre-screen, collect paperwork, determine eligibility, and assess immediate needs. The second screening is more in-depth. A case manager meets with the family and explains the program, gathers detailed information, completes an intake interview, assigns groups or classes and completes an initial case plan. Case managers complete an estimated 4-6 intakes per week. The full process takes approximately 2 hours.

Case Management (FSA-REDLANDS): Each family is given intense case management during the first thirty days in the program. This involves meeting with family members, drug testing, motel vouchers, housing assistance, job assistance and referrals, etc. Once the family is out of the initial crisis the case manager continues to meet with the family as needed. Staff works with families to enhance their capacity to support the growth and development of all the family members. Case managers assess need, link families with resources, advocate on their behalf, monitor and coordinate family goals and progress, group attendance, school progress, parenting skills, budgeting, basic life skills, housing, and therapeutic components. Case management contacts are recorded in ½ hour blocks.

Case Management– Pacific Clinics

This service ensures the family moves from intake through completion as smoothly as possible by conducting goal reviews and assessing for additional services that may be

needed to support either the reunification or maintenance process.

Child Enrichment/Childcare

Child Enrichment - (CAT CHAR)

Parents who are required to receive or request agency services often have childcare difficulties. In an attempt to partially address this obstacle, Caritas Counseling Services developed a Child Enrichment Center. While on-site, caregivers may leave their children (ages 3 years – 9 years) at the Child Enrichment Center located at the Colton Office. This center is staffed by experienced childcare workers, appropriate college students, and/or agency therapists. The center is outfitted with developmentally appropriate toys, learning activities, books, music, arts 'n' crafts supplies, and other materials that aid in the healthy development of children. Parents sign-up for the Child Enrichment Center slots in advance of their counseling appointments or group programs. The center is open during the agency's busiest hours

Child Care/Family Activities (FSA-REDLANDS): Child care is provided to all client children while the parent is on the grounds attending a program component. Child care is provided by experienced child care workers in a safe and stimulating environment. Child care workers observe parenting skills, identify child and family issues and write weekly reports on each child in attendance. Information is reviewed in weekly case manager meetings. Contractor encourages all children between ages 6 months to 17 years to participate in the activities weekly. (Note that all school age children are mandated to be enrolled and attending school for eligibility in any agency component). Family Activities are offered as part of the child care component. These are planned activities for children, shared with their parents that encourage positive interaction and family stability. Current activities include a Family Literacy reading program, Science Secrets with hands on activities, Do the Right Thing using topic books on character building and puppet shows, and Family Fun that includes arts and crafts projects on a shoe string budget. Additional special events are offered throughout the year such as Water Play Days, Easter Egg Hunts, Family Picnic, Holiday parties, etc. All recordable services are logged in 2 hour segments.

Child Enrichment and Child Development– Pacific Clinics

Building upon activities from parenting education, children are entreated to the same concepts parents learn (i.e. getting needs met through appropriate use of personal power) during family sessions. When possible, we offer children's groups that run simultaneously to parenting groups; groups contain activities that address motor skills and social skills development, learning to set appropriate boundaries and respecting others' boundaries.

Substance Abuse Psycho/Education and Support

Substance Abuse, Individual and Group counseling: (MORONGO BASIN UNITY HOME)

Unity Home provides counseling in Shelter through the Outreach Office to victims of domestic violence. Case management is done on a weekly basis. The Outreach facilitates 10 peer groups a week in Joshua Tree. Outreach and Shelter have an operational agreement with Morongo Basin Counseling and Recovery Center to provide counseling and evaluations when needed.

Substance Abuse Counseling – Education Group and Prevention Education– Pacific Clinics

Individual and family settings address the impact substance use has on individuals and families. Information on substance use, abuse and addiction is also shared with families to address the issues teens and pre-teens face when confronted with peer pressure.

Basic Life Skills/Independent Living

Basic Life Skills Classes (FSA-REDLANDS): This six week mandatory program includes sessions on self-esteem, goal setting, communication skills, anger management, employment, and budgeting. Classes are offered in English and Spanish and are one hour in length. A client directed Long Term Life Skills group is held twice a month for those who have completed most other program components but feel a need for the continued support services offered.

Independent Living - Morongo Basing Unity Home

Staff facilitates a group in Shelter and through the Outreach Center in Joshua Tree to assist women with life skills. Some of the topics of this group include Landlord-Tenant Relationships, Budgeting, Credit Issues, Establishing Good Credit, etc. Documentation is kept in client files, logged on Outreach Center walk-in sheets, on hotline call sheets and on monthly statistics reports.

Basic Life Skills Training and Advocacy– Pacific Clinics

Setting and achieving goals are the main focus of this service. Within this construct, assisting families in developing problem-solving skills includes assessing life management skills (i.e. budgeting), establishing healthy boundaries to prevent further violence in the home, as well as encouraging self-advocacy and advocating for family members when dealing with community agencies.

Independent Living Skills (ILS) for Adolescents - Westside Kinship

ILS are everyday skills a young person (14 - 18years of age) needs to acquire in order to successfully live on her/his own in the community.

Independent living skills classes deal with such topics as:

1. Daily living skills (grocery shopping, cooking, hygiene, appropriate boundaries, etc.)
2. Money management
3. Decision making
4. Building self-esteem

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5. How to apply for financial aid for college/vocational schools
6. How to locate appropriate, affordable housing
7. How to find and keep a job

M. Individual Encounter – The unduplicated number of times an agency has

Computer/Employment Class

Computer/Vocational Educational Classes (FSA-REDLANDS):

Basic computer classes are offered in a six week program (one hour per week) taught in Contractor's on-site Computer Lab that has eight work stations. The class covers basic computer training using Windows. Once the client completes the series of classes they receive a refurbished computer from our donated stock. This is a voluntary program and clients sign up on a first come first serve basis. Employment/vocational education class is held weekly for one hour and includes such topics as job search techniques (including on-line), interview skills, application completion, and preparing a resume. This class is

available to all clients and may be mandatory for any unemployed adult participating in the program.

The Computer Lab is open on a scheduled basis for clients needing to work on skills and projects.

Home Visits/Supervised visitation

Parenting skills training (FSA-SB)

Provided at each home visit for approximately ½ hour by the nurse and/or MFT.

Home Visits FSA-REDLANDS: Staff conducts home visits on a random basis or for a specific need. A case manager may go out to verify a new rental property, check on family welfare, take food or needed items, evaluate living conditions, observe family in their own environment, etc. A form is completed for the client file to document services.

Supervised Visitation: (MORONGO BASIN UNITY HOME)

Unity Home offers Court Ordered Supervised Visitation as a friend of the Court. The visitation hours are Saturdays, 10 a.m. – 2:00 p.m. and are monitored by two advocates trained in supervised visitation. Unity Home advocates maintain notes on visitations regarding promptness of both custodial and visiting parent and parent-child interaction.

Abuse Presentations

Unity Home's Outreach Center for DV victims: (MORONGO BASIN UNITY HOME)

Unity Home Outreach Center provides: Peer individual counseling; 10 domestic violence-related peer counseling groups per week; legal advocacy including assistance with completing and filing restraining and custody orders; court and mediation support; information and referrals; supervised visitation; CalWORKS advocacy; emergency food and clothing; and presentations to local businesses, clubs, hospitals, and schools.

Housing Advocate

Provide household establishment assistance to DV victims: (MORONGO BASIN UNITY HOME)

Unity Home's staff members work one-on-one with clients in housing searches by providing leads, references and transportation. When a client finds a suitable rental, the advocate assists her in having utilities turned on, enrolling children in school, locating furniture, appliances and household goods along with assisting with moving, first grocery shopping if needed and when possible. Unity Home has developed a community referral resource book which lets clients know what services are available at low or no cost, how to access them, names of contact persons and other information on the area. All clients in Shelter are given the opportunity to apply for Unity Home's transitional housing program. Unity Home's transitional program has ten 2-bedroom apartments for this 18-month program. The program is goal-based (clients must enroll in school or become employed while in the program). If the client plans to move out of the area, Unity Home will assist with the move as much as possible

Childrens Groups

Children Group Therapy (CHCT)

Children Peer Group Therapy is for victims and siblings ages 3-17. The groups of 3-6 children meet weekly for one (1) hour. A 12-week curriculum of treatment issues is utilized on a rotating session plan which allows for the open-entry groups to cover the issues of

greatest therapeutic concern, and gives a structure that guarantees each child receiving the necessary applications. Because the curriculum rotates the child is given opportunities to continue working on the issues and integrating them into their psychological self. Issues, such as, Personal Safety Plan, "No-Fault", Boundaries, Self-Esteem and Positive Empowerment, Behavior Regulation, Emotional Regulation, Stress(fear) Regulation techniques are examples of issues covered.

Individual and Family Therapy - (Clinical Setting) (LUTHERAN SS)

Weekly Psychotherapy sessions may involve work with current problems, immediate crisis, or long-term difficulties. For children ages 4-12 Play therapy is the preferred method of treatment. Play therapy provides the opportunity for children to express their issues or concerns in play; gain mastery over a troublesome situation; replay trauma and verbalize feelings; improve parent/child communication, the modeling of parent/child interaction.

Counseling to the children of DV victims: (MORONGO BASIN UNITY HOME)

Unity Home contracts with a master's level counselor four hours a week to work directly with the children in Shelter. Unity Home employs 1 full time Children/Teen Advocate and 1 part time Children's Advocate who facilitate peer counseling sessions in Shelter Monday through Saturday to help children increase their self-esteem, develop and practice coping and communication skills, and learn alternatives to aggressive behaviors. Unity Home uses the 'What About Me' program for some children's groups. The program is designed with age appropriateness in all of its discussions and activities about feelings, family violence and safety. The groups are broken into age's three to five, six to eight, nine to twelve, and teen. In the group setting, children learn that they are not alone, that others have experiences similar to their own. After learning about the cycle of violence and understanding that they are in no way responsible, personal safety plans are discussed. Unity Home's Teen Program presently facilitates teen groups at the high schools on a weekly basis to educate teens on dating violence and to assist teens dealing with violence in their homes. If a child is in need of more professional counseling than Unity Home can provide, a referral is made to Morongo Basin Counseling and Recovery Center with whom Unity Home has an operational agreement.

Direct Services/hard goods

Community Action Partnership of San Bernardino provides hard goods and direct services requested by Social Workers for their clients throughout the County of San Bernardino. Such goods and services include:

1. Emergency food services through food vouchers not to exceed \$100.00 per household per year.
2. Rental deposit assistance for housing
3. Vehicle repair (limited to safety repairs, e.g. brakes, lights, tires, etc.)
4. Hard goods (includes, but is not limited to, bunk beds, mattresses, dinette sets, pillows and various household appliances.
5. Utility assistance.
6. Transportation assistance.
7. Clothing assistance.
8. High School Senior Year Items (school ring, prom dress, tuxedo, yearbook, etc.)

9. Other Miscellaneous expenses (must be prior approved by the DCS Regional Budget Committee).

Info and Referral

Resource Referral and Linkage (LUTHERAN SS)

This program begins with a telephone call, walk-in, or case management contact with a client. Our goal is to improve access to resources oftentimes in a collaborative effort with other agencies.

Resource Management and Referral– Pacific Clinics

Coordinating referrals and interacting with referral sources assist in successful completion of services. Additionally, coordinating efforts with other service providers will reduce the possibility of duplicated services while ensuring all of the family's needs are being addressed.

Referral and Linkage– Rim Family Services

Referral and linkage services are provided in office or out in the community on our Mobile Resource Center (MRC). Our case management workers on the MRC and in our office are well equipped to make referrals for private and governmental services. We also provide all of our clients with an extensive published referral list.

Department of Children's Services – Placement Resources Division

Complex Information and Referral that requires support and education about resources such as special education, specialized mental health services and out-of-home residential care

Adopt - Advocacy

Department of Children's Services – Placement Resources Division

The provision of advocacy, counseling and legal support to adoptive families. These may also include advocacy for the birth parent's place in the adoptive process. This may also include assisting the adoptive family in advocating for services to keep the child in the adoptive home and ensure clients are connected with and receive appropriate services

Adopt - Crisis Counseling

Department of Children's Services – Placement Resources Division

The provision of services to aid pre- and post-adoptive families in resolving conflicts and behavioral issues to expedite and facilitate adoption. This may include temporary out-of-home placement and referral to counseling services. Services go to families that have children with severe emotional problems and/or other disabilities. Clients with these issues usually require services that go on over years. It is usual when clients are in crisis to utilize specialized services provided by other agencies.

Adopt - Post adopt support Group

Department of Children's Services – Placement Resources Division

Referral to Support groups designed to assist adoptive families with issues related to adoption.

Adopt - Special Needs Assessment for AAP

Department of Children's Services – Placement Resources Division

Helping Families Obtain Services and Documentation for their children's special needs and

for AAP changes, and assessing and recommending AAP Special Needs Grants.

Adoption Outreach

Department of Children's Services – Placement Resources Division

Includes community outreach and public information activities. Outreach lets adoptive parents, potential adoptive parents and others know that PAS services are available.

The agency's

efforts to recruit adoptive parents for children whom the agency is placing for adoption include:

- Contact with other private and public adoption agencies
- Presentation of information regarding the child on television and/or other media outreach programs, if appropriate
- Presentation of information concerning the child at exchange meetings of agencies
- Participation in the state photo-listing album of children, as appropriate, and
- Contact with parent groups regarding specific children.

Specialized ethnic recruitment in specific communities are being developed in order to increase the number of adoptive homes available to children of all races and ethnic backgrounds, and to minimize adoptive placement delays.

Sexual abuse treatment

Sexual Abuse Treatment (Individual Format) (LUTHERAN SS)

Separate programs are offered for parents, partners, victims and offenders. Clients are evaluated on an individual basis as part of needs assessment and evaluation. Child victims (ages 4 – 11) are generally scheduled for 1 hour sessions and Play Therapy/Activities/ Arts & Crafts are used as techniques for treatment.

Sexual Abuse Treatment (Group Format) (LUTHERAN SS)

Separate programs are offered for parents, partners, victims and youth offenders. Typically the groups are divided by gender as well as age bracket, and are scheduled for one hour for children victims and their parents/caregivers and one-half hours youth and adult offenders and their parents/partners. Groups are facilitated by licensed clinicians or pre-licensed professionals under the direct supervision of a licensed clinician.

Domestic Violence services

Domestic Violence (LUTHERAN SS)

Weekly Psychotherapy sessions may involve work with current problems, immediate crisis, long-term difficulties with the effects of past abuse, poor partner choice, need for clarification or health and reciprocity of relationships and understanding of how abuse affects entire families.

Counseling to Adult Domestic Violence Victims: (MORONGO BASIN UNITY HOME)

While in Shelter, individual counseling is provided by a certified counselor with a master's degree. Group counseling is provided to DV victims and their children by DV Counselors; two to three groups a day are held with peer counseling groups held on a six-week matrix that can be entered at any point. Peer crisis counseling is available 24 hours a day. Childcare is provided during groups and classes. 24-Hour Crisis Hotline: Morongo Basin Unity Home (Unity Home) crisis line is answered at Unity Home's emergency Shelter facility which is staffed 24-hours a day, 365 days a year. There are four incoming phone lines. Unity Home accepts collect calls. The crisis line is answered by staff and volunteers who

have completed a minimum 40 hours of domestic violence training as stipulated by the California Evidence Code along with 40 hours of training on the crisis line under the supervision of a Domestic Violence Counselor. Of Unity Home's eight paid staff positions that answer the crisis line, four are bilingual (English and Spanish). At least one staff member is also available for crisis calls seven days a week. Provide emergency Shelter services to DV victims and their children. (MORONGO BASIN UNITY HOME)

Shelter is provided to DV victims and their children through the 30-bed, 60-day stay emergency Shelter. Intakes are taken 24 hours a day, 365 days a year. The client screening process requires that a victim requesting Shelter speaks with a DV Counselor or Advocate on the crisis line or in person. A Shelter intake and DV assessment are done at that time. The Shelter facility has a communal kitchen, dining/group room, living/group room, office, children's play/classroom, 6 large bedrooms (3 are handicapped accessible), and 3 bathrooms (1 is handicapped accessible). The Shelter's location is confidential. The programs and services offered consist of all 13 required components along with additional self-help classes and groups (Parenting Classes, Helping Children Thrive, Independent Living). Unity Home has operational agreements with two Shelters on the California border to house clients in the Needles community until they can be transported to Unity Home. Unity Home provides DV victims with emergency transportation to the Shelter or other safe locations on a 24-hour basis. Unity Home provides court advocacy through Domestic Violence Counselors and Advocates, both paid and volunteer, who have had additional training in court support and the judicial system. Unity Home's legal assistance is designed to assist survivors and victims of domestic violence obtain Restraining Orders, Custody Orders and Visitation Orders. Staff also provides social service advocacy to domestic violence victims by accompanying them and/or making the necessary contacts to the public or social service agencies.

Nurse Home Visits

In-home nursing services (FSA-SB)

This includes nutritional counseling, medication review, visual check for abuse and will provide families with approximately ¼ hour of services for each visit per family member.

Team Decision Making support

Multi-Disciplinary Case Management (DCS Case Conference) (LUTHERAN SS)

This meeting is designed to enhance communication and increase positive outcomes for the client, and is coordinated with all agencies involved in the case.

Team Decision-making w/DCS– Pacific Clinics

Bi-monthly meetings with DCS will assure that the services are meeting the needs of families as identified in the Case Plan. Additionally, participation in Family Group Decision Making further assists a family's need to identify extended familial and community resources.

Kinship Youth classes/family

Westside Kinship

Family Support Services – Activities designed to assist families in utilizing available resources and opportunities in their community. These services include, but are not limited to, counseling, self-sufficiency training, referral and linkage, mediation and conflict resolution.

Respite

Westside Kinship and Mental Health Systems

Kinship contractors are required to provide respite services for kin caregivers.

Permanency Promotion

Westside Kinship and Mental Health Systems

Kinship centers are required to provide services to promote and assist in permanency for kin children.

Mentoring

Westside Kinship

Mentoring Services (for kin-caregivers) – Services designed to match an experienced kin-caregiver (mentor) who has risen above challenges of raising kin-children with a less experienced kincaregiver (mentee) for the purpose of befriending, supporting and guiding the mentee through difficult caregiving experiences and educating him or her on (parenting) issues related to kincaregiving.

Mentoring Services (for kin-children) – Services designed to match older volunteers with kin-children for the specific purpose of building a relationship of trust and respect. Mentors often work together with program staff to provide support and guidance to mentees by integrating a variety of themes into the program, such as conflict resolution, goal setting, tutoring, involvement in sports, etc. Mentoring programs must screen, train, and monitor all mentors accepted into the program.

Tutoring

Westside Kinship

Tutoring – Individual homework assistance/skills instruction for a kin-child.